

# Cozens-Hardy LLP



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I love marathon running. My first ever race was the Norwich half marathon in 2007. I really struggled for the last mile, but as soon as I finished and the medal was put round my neck, I was hooked. I spend many a Saturday morning running up and down the Wherryman's or Marriott's way, clocking up the miles. At the Berlin marathon I managed a time of 3:58.21; this was one of the proudest moments of my life. A welcome beer on the Champs Elysees after the Paris marathon, crossing the finishing line in the magnificent olympic stadium in the Athens marathon, these are unforgettable moments. But taking part in a marathon is also intensely emotional; many of us shed a tear at the start and at the end. It represents months of hard training and requires many sacrifices. I fit my training in around my job at Cozens-Hardy and my other job as mother of three boys. I hang on to that amazing feeling you get when you finish a marathon, the high that lasts for weeks. Marathon runners share a special bond, no one else understands the highs and the lows.

